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Babies should eat 8-12 times in 24 hours. Day 1 they should have 1 wet and 1 dirty diaper. Day 2 they should have 2 of each, day 3, 3 of each and so on. By the end of the first week, babies typically have 6-8 wet diapers and 2-10 poops in a 24 hour period. If they do not have enough output, they may not be getting enough to eat. Your lactation consultant can help you determine if baby is getting enough to eat and how to improve intake.

Get approval for free virtual or in home lactation consultations  $\frac{\text{https://go.lactationnetwork.com/BellevueLactation}}{\text{bellevuelactation.com}} \text{ or @bellevuelactation on instagram}$